

## RESTRAINING ORDER INFORMATION

Domestic violence is against the law and help is available to you and your children.

You may be able to get a restraining order, which can do the following:

- Order the abuser not to interfere with, bother, or menace you or your children
- Order the abuser not to enter your home, school or workplace
- Order the abuser to move out of your home
- Award you temporary custody of your children

You can get a restraining order against anyone, including:

- Your husband or wife
- Your ex-husband or ex-wife
- An adult related to you by blood or marriage
- The other parent of your minor child
- Someone with whom you now live in a sexual relationship
- Someone with whom you lived in a sexual relationship in the last 2 years

One of the people above must have:

- Injured you
- Tried to injure you
- Made you afraid of being seriously injured
- Forced you to have sex

THE ABUSE MUST HAVE OCCURRED WITHIN THE LAST 6 MONTHS AND YOU MUST BE IN IMMEDIATE DANGER OF FURTHER ABUSE.

YOU DO NOT NEED AN ATTORNEY TO GET A RESTRAINING ORDER.

THE RESTRAINING ORDER IS FREE.

YOU HAVE THE RIGHT TO FILE CRIMINAL CHARGES AGAINST YOUR ABUSER, WHETHER OR NOT YOU HAVE A RESTRAINING ORDER. IF YOU WANT TO PRESS CHARGES CALL THE DISTRICT ATTORNEY IN YOUR COUNTY.

For more information visit: <http://www.courtinfo.ca.gov/selfhelp/protection/dv/restraining.htm>