



PEACE Signs Program Inspires Mural

ETP's impact throughout Northern California is felt daily in letters and stories from our communities. We recently received a letter from Dana Page, Assistant Principal at McPherson Elementary in Napa that we wanted to share:

PEACE Signs was a great catalyst for our students to discuss some difficult issues. The play along with the classroom programs and family night provide practical tools for conflict resolution and peaceful living. In addition, the show was inspiration for our leadership group of fourth and fifth graders to do a project to help our community.

Just as in the play, our ball wall in the playground was an eyesore, with holes and broken wood. It was an attraction for graffiti, a safety hazard and limited our students' choices at recess. This spring, the students took on the challenge of getting the ball wall fixed and to paint a special

mural. They were successful and the result is shown (below). *PEACE Signs* had a profound impact on our students, inspiring them to make a difference.

I would whole-heartedly recommend this (program) to other schools and hope that more children will benefit from this valuable information.



Our Programs

THE BEST ME is an innovative program that teaches students in grades K-5 and their families the importance of healthy eating and active living. Schools, communities, and individual families partner together to reverse the rising rate of childhood obesity and diabetes. *The Best Me* is available in two formats: *The Best Me Assembly*, a 45-minute show, and *The Best Me Program*, a weeklong commitment. Schools are welcome to apply for either format, however, there is much greater availability for *The Best Me Assembly*.

PEACE SIGNS is a multi-intervention program for students in grades 3-6. The program introduces a 3-step model, the "Stoplight Solution," to teach students and their families conflict resolution, respect, and empathy. The program addresses the topics of bullying, peer pressure, domestic violence, and the death of a sibling from gang violence.

NIGHTMARE ON PUBERTY ST. teaches students in grades 6-8 that they are not alone on the rocky road to adulthood. As students learn new skills to cope with raging hormones, depression, and peer pressure, they discover their own answers to the age-old adolescent question: "Am I normal?"

SECRETS is an educational drama for students in grades 9-12 about preventing HIV/AIDS and STDs. It tells the story of Eddie, a high school athlete who contracts HIV, and Monica, a popular student who remains committed to abstinence. The experiences of these characters enable teens to see and feel the consequences of their actions.

COMMUNITY TROUPE uses elements and characters of our touring productions to provide valuable health information to children, teens, and adults at health fairs, community gatherings, grand openings, and other special events.

Special Performances September-December 2010

Please note, this is a partial list of events. For an updated schedule, call us at 877-353-2223.

Community Troupe

- 9/25 Rock & Stroll, Napa
- 9/25 Dragon Boat Festival, San Francisco
- 9/25 Children's Art, Health, & Literacy Festival, Concord
- 9/26 Pacific Coast Fog Festival, San Mateo
- 9/26 Children's Art, Health, & Literacy Festival, Concord
- 10/2 Mt. Calvary Baptist Health Fair, Fairfield
- 10/2 Monument Health Fair, Concord
- 10/2 Giant Pumpkin Festival, Elk Grove
- 10/3 Giant Pumpkin Festival, Elk Grove
- 10/9 First 5 Children's Celebration, Sacramento
- 10/9 Breathe & Life Walk, San Francisco
- 10/16 Incu Family Day, Sacramento
- 10/16 Bi-National Health Fair, Union City
- 10/17 Bi-National Health Fair, Napa
- 10/23 Asian Families Wellness Day, San Leandro
- 10/23 Halloween Haunt Safetyville, Sacramento
- 10/30 Fall Family Fun Festival, Patterson
- 11/3 Camp Borel, San Mateo
- 11/16 Youth in Medicine, Oakland

Nightmare on Puberty St.

- 10/21 Mayfair Community Center, San Jose

PEACE Signs

- 10/22 West Contra Costa Unified School District Parent Leadership Conference, Richmond

Secrets

- 10/22 Sacramento Job Corps
- 11/8 KP-Adolescent Substance Abuse Program, Union City

Celebrating 25 Years!

ETP is gearing up for its 25th anniversary which will be observed throughout 2011. ETP materials will have a new look celebrating this milestone and we will be partnering with many organizations throughout the year to highlight the service provided to Northern California since 1986. As our internal and community partners, we hope you will join us at an event in your area. Thank you for helping us be 25 years young!

Book a Performance!

Booking for the 2010-2011 season has already started. Call us now to discuss future bookings, partnerships, and special events at 877-353-2223. In addition to our school-based programs, *Community Troupe* is available to perform short health-related scenes at health fairs, festivals, and other community events.



ETP's very own Nikki Teen with this month's health tip!

"Get the best out of your life! Say no to smoking and yes to moving your body for 60 minutes every day. Play a favorite sport, play outside, or even just dance around the living room."

Visit our website: kp.org/etp/ncal