

BREAK IT DOWN

with

QUEEN ACTIVITÉ

Hey **Gurlz!** Hey **Boyz!**
 Check out my latest **noize!**
 I've got it goin' **on...**
 But my rhymes are **gone!**



Can you
 fill in the
 missing
 words?

You there!
 Yeah, I'm talkin' to **you!**
 Stuck inside the house
 with nothin' to do!

You can stay **active**
 and I'm here to prove it.
 So get your body **up** and
 get ready to it!

To get my body **moving**
 To get ready to **play**
 I start with **5** minutes of
 every day!



Turn on your tunes!
 Listen to the beat!
 Come on get ready
 To move your !

You can burn **energy**
 And get your blood **pumping**
 With a little bit of **rope** and
 a whole lot of .

So take back the **power!**
 Get out there and !
 Move your **body**, move your **body**
 For an hour every day!



CROSSWORD CHALLENGE!

Did y'all find the right rhymes?
 Did you have a lot of fun?
 Plug in your **words**
 And then the challenge will be done!

3 1 4 5 2