



KAISER PERMANENTE®

DATE:
TIME:
WITH A BREAK FROM
NOON TO 1 PM
1 TO 2 PM: CASE STUDY

POST-PARTUM AS A SPECIALTY: EXCELLENCE IN BREASTFEEDING PART I

Target Audience:
RNs / LVNs working in
Post-partum Units

Speakers:

Learning Objectives:

Upon completion of this program, each participant will be able to:

1. Identify historical and current factors that influence infant-feeding decisions, and the critical influence perinatal nurses exert in the promotion and protection of breastfeeding.
2. Identify the rare contraindications to breastfeeding.
3. Describe the anatomy of the breast and the physiology of lactation.
4. Appropriately counsel a nursing mother regarding her nutritional needs.
5. Evaluate positioning and attachment of the nursing infant in the clinical setting.
6. Identify hospital practices that are associated with successful breastfeeding, and list at least five of the Ten Steps to Successful Breastfeeding.
7. Effectively prevent and manage common early breastfeeding problems such as engorgement, sore nipples, difficult latch, transient hypoglycemia, hyperbilirubinemia, nursing the borderline premature infant, and nursing post surgical birth.
8. Describe what contributes to the Insufficient Milk Syndrome, and how to determine adequate intake in a breast-fed infant.
9. Discuss medical indications for giving supplemental feeding to a nursing infant, and some alternatives to offering a bottle.
10. Identify lactation support information and services for breastfeeding mothers and for medical professionals, including local community resources.