

Postpartum As A Specialty:

Excellence in Breastfeeding Part II

8 am to 4 pm (Break from Noon to 1 pm; Case Study Work from 1 to 2 pm)



Speakers:

Target Audience:

RNs/ LVNs working in postpartum units

Learning Objectives:

Upon completion of this program, each participant will be able to:

1. Describe international strategies for increasing breastfeeding initiation and duration.
2. Describe national and state breastfeeding initiatives.
3. List at least five of the UNICEF/WHO Ten Steps to Successful Breastfeeding.
4. Explain the role of evidence-based clinical practice in the field of breastfeeding and human lactation.
5. Identify personal and professional perspectives and how they impact health care providers' relationships with new mothers.
6. Identify approaches to breastfeeding promotion that have a positive impact on women.
7. State when breastfeeding is contraindicated.
8. Identify at least one informational resource relating to contraindications to breastfeeding.
9. List at least two resources for current information about maternal medications and their compatibility with breastfeeding.
10. Describe a teaching plan for mothers on how to establish and/or maintain a milk supply when they cannot feed the baby at the breast.
11. List at least three reasons why an infant may refuse the breast.
12. Utilize breastfeeding flowchart for non-latching babies under 24 hours age.
13. Describe causes, prevention, and management of early problems with the breast: flat or inverted nipples, sore nipples, breast engorgement.
14. Describe the causes, prevention, and management of later problems with the breast: plugged ducts, mastitis, abscesses, yeast infections.
15. List three common concerns of breastfeeding women and ways of addressing them.

Provider approved by the California Board of Registered Nursing, Provider Number CEP14147 for 7.0 Contact hours.