

**PRE-REGISTER** by mail by 1/25/08. Mail checks (payable to Pamakid Runners) and the signed completed entry form to Pamakids, 1417 Irving Street, San Francisco, CA 94122. \*Race Packets will be mailed if received in time. One name per entry. **SORRY NO REFUNDS!**

M	F	ALL INFORMATION IS REQUIRED FOR SCORING PURPOSES										For Official Use Only			
SEX		AGE ON RACE DAY		5K		HALF MARATHON									
LAST NAME		FIRST		ADDRESS		CITY		STATE		ZIP		TOTAL ENCLOSED \$ _____			
PHONE#		-		-		-		-		-		EMAIL _____			

**WAIVER :** In consideration of your accepting this entry, for the February 3, 2008, Kaiser Permanente San Francisco Half Marathon & 5K Fun Run/Walk, I, intending to be legally bound, do hereby for myself, my heirs, executors, and/or administrators, waive and release any and all claims for damages I may accrue against Pamakid Runners, RhodyCo Productions, Kaiser Permanente, City and County of San Francisco, SF Recreation and Parks Department, RRCA, sponsors, any and all contractors, their employees, representatives, agents and heirs from any and all injuries that may be suffered by me at or en route to or from this event. I attest that I am physically fit and sufficiently trained for this strenuous competition. I will assume my own medical and emergency expenses in the event of an accident or other incapacity or injury resulting from or occurring in my participation. As part of this waiver I acknowledge that I have read and understood all of the above and, in consideration of this being an amateur event, I release the rights of any and all photographic material, motion picture, video tape, recordings and/or computer information organizers may wish to release for this event without obligation to me.

**ALL ENTRANTS MUST SIGN** (parent or guardian must sign if under 18) \_\_\_\_\_ Date \_\_\_\_\_

## KAISER PERMANENTE SAN FRANCISCO HALF MARATHON & 5K FUN RUN

Presented by Pamakid Runners  
Super Bowl Sunday  
February 3, 2008  
8 a.m.

**MUST PRE-REGISTER – NO RACE DAY REGISTRATION**

### PRE-REGISTER BY 1/11/08

Half Marathon – Adults \$40;  
Ages 16 & under \$25  
5K Fun Run – Adults \$30;  
Ages 16 & under \$15

### AFTER 1/11/08

Half Marathon – \$50 all ages  
5K Fun Run – \$40 all ages

### REGISTER ONLINE AT KP.ORG/SF

through Thursday, 1/31/08  
A small processing fee applies.

### REGISTER BY MAIL UNTIL 1/25/08

Mail completed and signed entry form with check payable to: **Pamakid Runners**  
c/o 1417 Irving Street,  
San Francisco, CA 94122

### RACE PACKETS\*

Bib #s and race instructions will be mailed back if entries are received in time. If you do not receive your bib # back in the mail you should come to the Will-Call tent on race day morning between 6:30–7:45 a.m.

### PAMAKID RUNNERS NEED RACE DAY VOLUNTEERS

Volunteers receive T-shirt, goodie bags, and a volunteer thank you dinner. To volunteer, contact Phyllis Nabhan, (415) 752-9930 or [INFO@boxeslimoges.com](mailto:INFO@boxeslimoges.com)



### HALF MARATHON FINISHER MEDAL

A commemorative 25th Anniversary Half Marathon Finisher Medal will be handed out to the first 6,000 finishers. To see the design, go to [kp.org/sf](http://kp.org/sf).

### OFFICIAL 2008 FINISHER T-SHIRT

Each registered participant can pick up their long-sleeve finisher T-shirt at the post race expo. To see the design, go to [kp.org/sf](http://kp.org/sf).

### COMMEMORATIVE DRI-RELEASE® WICKING SHIRT FOR SALE

For an additional \$35.00 per shirt, you can order a long-sleeve Dri-release wicking T-shirt. To see the design, go to [kp.org/sf](http://kp.org/sf). Sizes available for order: S-M-L-XL-XXL. All shirts must be picked up on race day at the expo.